



MAP Presents a FortWhyte Alive Team Building Workshop: Indigenous Activities

Date: Wednesday, June 19th, 2019

Time: 12:45pm – 3:30pm (open until 8pm)

Location: FortWhyte Alive, 1961 McCreary Rd

Cost: Free for MAP Members; \$25 non-MAP members

To register: Email Kelly Carpick (k.carpick@uwinnipeg.ca) by June 1, 2019.

Description: Join us for a fun filled day of Indigenous Team Building Activities!

Activities will include...

Blanket Toss: This activity originates with the Inuit community on Holman Island, as a hunting technique, but has spread throughout the Arctic and is played as community celebration. Work together, fly together!

Metis Games: Test your strength and smarts with a series of equipment-free games passed down from one generation Metis children to the next!

Hoop-Pass: This game from the Plains tradition has echoes in other world cultures, too. Communication is key as your team moves together.

Atlatl (Throwing board and dart): Atlatls have deep roots in every world culture. Before archery, this is how the First People of the Plains hunted and fed families. The tradition stayed alive as a fun game - a tradition we carry on today!

Bannock and Tea: Enjoy fire-roasted bannock and wild herbal tea harvested on-site. Relax around the fire and reflect with your friends on the team building experience.

Maximum number of registrants: 30.

Please email Kelly to RSVP (k.carpick@uwinnipeg.ca)